



Discovering Your Career Interests

Grade Level: Foundational **Lesson Plan Timeframe:** 3-5 days **Topic:** Careers
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Overview & Purpose Students will identify their interests and discover careers that are a good match for what they enjoy doing.	FCCLA National Program(s) Career Connections STAR Events
<u>Idaho Standards</u> EA 1.0 AD 7.0 FP 1.0 E 1.0 FS 6.1 FHW 6.0 AL 5.0 CPD 1.0, 3.0 NF 2.6, 3.2, 4.3 ECP 1.0 PF 2.0 TL 7.0 PCD 6.0 TLC 1.0 HS 5.1, 5.2 EA 2.1,2.2 <u>National FACS Standards</u> 1.0 2.0	Programs of study All FCS courses

Lesson Plan Goals & Objectives (Specify skills/information that will be learned.)	Identify skills that students have. Identify interests students hold. Explore career fields that best fit student interests and skills.
Materials Needed	<ul style="list-style-type: none"> • Paper • Pencil • Computer with internet • Handouts
Introduction of Subject Anticipatory set (Give and/or demonstrate necessary information)	Have students brainstorm the difference in a job and a career. Discuss answers.
Steps Guided Practice Verification (Steps to check for student understanding)	During discussion, list key differences on the board to reaffirm student understanding.

Activity 1 (Describe the independent activity to reinforce this lesson)	Computer with internet access required- Have students login to www.idahocis.org Students are to complete a minimum of 3 of the exploration tools provided to help them identify their interests and skills. In a word document- identify the test completed and summarize the results.
Activity 2 (Describe the independent activity to reinforce this lesson)	Have students identify one of the careers that matched their interest and skills. Complete research on the identified career using the STAR Events Career Investigation guidelines in the STAR Events Manual.
Activity 3	Have students prepare a 10 minute speech about their researched career that they will present to the class.
Assessment	Assess their Career Investigation notebook using the Career Investigation STAR Events scoring rubric.
Summary/Evaluation (Assign Homework, or Reflect on the Outcomes)	Reaffirm the difference in a job and career. Emphasize the benefits of matching interests and skills with a career.
Other Resources	(e.g. Web, books, etc.)
Additional Notes	STAR EVENT- Career Investigation (expand on existing work completed by adding the job shadow and lengthening the speech)
Source (If Applicable : cite any published or copyrighted materials used in this lesson plan)	FCCLA STAR Events Manual

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